



MIAA Athletic Health Services  
2300 Hernando Road  
Memphis, TN 38106  
(901) 775-7470



Memphis City Schools  
2597 Avery Avenue  
Memphis, TN 38112  
(901) 325-5300

*Athletic Health Services*

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## Pre-Participation Evaluation

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The goal of the Pre-Participation Evaluation (PPE) (also known as Pre-Participation Physical) is to help maintain the health and safety of the student-athlete in training and competition. All students must pass a PPE before tryouts or participation in MIAA activities. The PPE is not intended to substitute a student's regular health maintenance examination. (TSSAA, article II, section 31)

### Qualified Examiners

Tennessee state law requires that a general physician, orthopedic physician, physician assistant, or nurse practitioner must clear a student-athlete for practice and competition. It is the responsibility of the coach, athletic director, or school administrator to verify the examiner's medical credentials.

### Evaluation Period

The PPE should be performed after May 1 and six weeks prior to preseason practice to meet TSSAA requirements. The PPE for fall sports may be performed at the end of the previous year.

The coach is to inquire about injuries or illness that occurred in the interval between the PPE and the start of preseason.

The student athlete should be informed it is his/her duty to report such injuries or illnesses to the coach, the NATA certified athletic trainer, and/or the athlete's physician.

### Evaluation Scheduling

The evaluations must be scheduled by the school's athletic department or staff. The MIAA has provided a list of medical examiners to perform the PPE (see [MIAA Approved Medical Examiners](#)).

A minimum of 12 student-athletes are required for a PPE to be scheduled. Adequate space and additional personnel are needed for the participants to be evaluated. The cost of the evaluation will be determined by the participating medical examiner.

Schools that have developed a relationship with a qualified examiner are encouraged to utilize this resource. Student-athletes can have their



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**personal examiners administer the evaluation.**

### **Mandatory Medical Records**

**The Medical Clearance Form, Release of All Claims Form, and Emergency Information Form (see [Athlete's Health Record](#)) must be properly completed and signed by a qualified medical examiner, parent/guardian and the student-athlete.**

**The student-athlete's medical records should be kept on file in a secure location established by the school's athletic department. High school records are kept 4 years and junior high/middle school records are kept 7 years or until the student-athlete is 21 years of age.**

**A student-athlete should not practice or compete in MIAA athletic activities without a properly completed [Athlete's Health Record](#). A copy of this form should be kept with the coach at all games and practices.**

### **Evaluation Frequency**

**A PPE must be performed annually. Student-athletes playing multiple sports do not need to have multiple evaluations. These athletes need to have a medical history review and limited physical screening prior to participation in each additional sport.**