






**DIVISION OF NUTRITION SERVICES – MEMPHIS CITY SCHOOLS
NOVEMBER ELEMENTARY MENU 2009 ~ REVISED**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>October 26, 2009</u>	<u>October 27, 2009</u>	<u>October 28, 2009</u>	<u>October 29, 2009</u>	<u>October 30, 2009</u>
<p><u>Choice</u> Chicken Alfredo Corn Dog Nuggets</p> <p><u>Choice</u> Steamed Broccoli Steamed Baby Carrots Chilled Peaches Asst. Fresh Fruit</p> <p><u>Other</u> French Bread</p> 	<p><u>Choice</u> Burrito w/Chili Chicken Tenders</p> <p><u>Choice</u> Seasoned Baked Potato California Blend Vegetables Assorted Fresh Fruit Chilled Pineapple</p> <p><u>Treat</u> *Belly Bears</p>	<p><u>Choice</u> BBQ Pork Sandwich Turkey Sausage Pizza</p> <p><u>Choice</u> Baked Beans Baked Apples Assorted Fresh Fruit Fresh Garden Salad</p> 	<p><u>Choice</u> Chicken Sandwich Hot Pocket</p> <p><u>Choice</u> Crinkle Fries Corn on the Cob Fresh Garden Salad Fruit Cocktail</p> <p><u>Treat</u> *Cherry Fruit Freeze</p>	<p><u>Choice</u> Italian Rotini Fish Sticks</p>  <p><u>Choice</u> Potato Au Gratin Southern Style Green Beans Fruity Jello Fresh Garden Salad</p> <p><u>Other</u> Garlic Bread</p>
<u>November 2, 2009</u>	<u>November 3, 2009</u>	<u>November 4, 2009</u>	<u>November 5, 2009</u>	<u>November 6, 2009</u>
<p><u>Choice</u> Sloppy Joe Chicken Nuggets</p> <p><u>Choice</u> Crinkle Fries Steamed Baby Carrots Chilled Pears Assorted Fresh Fruit</p> <p><u>Other</u> Wheat Roll</p>	<p><u>Choice</u> Oven Roasted Chicken Crunchy Tacos</p> <p><u>Choice</u> Corn on the Cob Southern Style Green Beans Assorted Fresh Fruit Applesauce Cup</p>  <p><u>Other/Treat</u> Cornbread *Bear Grahams</p>	<p><u>Choice</u> Chicken Pot Pie Hamburger or Cheeseburger</p> <p><u>Choice</u> Crinkle Fries Country Mixed Vegetables Assorted Fresh Fruit Fresh Garden Salad</p> <p><u>Other</u> Wheat Roll</p>	<p><u>Choice</u> Popcorn Chicken Hot Dog</p>  <p><u>Choice</u> Baked Beans California Blend Vegetables Assorted Fresh Fruit Coleslaw</p> <p><u>Treat</u> *Animal Cookies</p>	<p><u>Choice</u> Italian Spaghetti Chicken Sandwich</p> <p><u>Choice</u> Whole Kernel Corn Steamed Broccoli Mandarin Oranges Fresh Garden Salad</p> <p><u>Other/Treat</u> Garlic Bread</p>






 - Represents Vegetarian Item
 - Represents Pork Item

*MILK – STUDENTS HAVE A CHOICE OF A VARIETY OF MILK. ****MENUS ARE SUBJECT TO CHANGE.****

TREAT FOR THOSE STUDENTS RECEIVING A PLATE LUNCH CELEBRATING A BIRTHDAY IN THE MONTH OF NOVEMBER.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><u>November 9, 2009</u></p> <p><u>Choice</u> Pork Chopette w/Gravy Chicken Snack Wrap</p> <p><u>Choice</u> Whipped Potatoes Southern Style Green Beans Assorted Fresh Fruit Chilled Peaches </p> <p><u>Treat</u> *Tropical Fruit Freeze</p>	<p align="center"><u>November 10, 2009</u></p> <p><u>Choice</u> Chili Mac Chicken Rings</p> <p><u>Choice</u> Whole Kernel Corn California Blend Vegetables Assorted Fresh Fruit Tropical Fruit Punch</p> <p><u>Other</u> French Bread</p>	<p align="center"><u>November 11, 2009</u></p> <p><u>Choice</u>  Meatloaf Pepperoni Pizza</p> <p><u>Choice</u> English Peas & Carrots Fresh Garden Salad Assorted Fresh Fruit</p> <p><u>Other</u> Macaroni & Cheese Cornbread</p>	<p align="center"><u>November 12, 2009</u></p> <p><u>Choice</u> Sweet & Sour Chicken w/Rice Hamburger or Cheeseburger</p> <p><u>Choice</u> Crinkle Fries Stir Fried Vegetables Crispy Veggies w/Dip Chilled Applesauce</p> <p><u>Treat</u> *Butter Cookie</p>	<p align="center"><u>November 13, 2009</u></p> <p><u>Choice</u> Cheesy Nachos Corn Dog Nuggets</p> <p><u>Choice</u> Corn on the Cob Refried Beans Mandarin Oranges Fresh Garden Salad</p> 
<p align="center"><u>November 16, 2009</u></p> <p><u>Choice</u> Chicken Alfredo Hamburger or Cheeseburger</p> <p><u>Choice</u> Seasoned Baked Potato Steamed Baby Carrots Chilled Peaches Asst. Fresh Fruit</p> <p><u>Other</u> French Bread</p>	<p align="center"><u>November 17, 2009</u></p> <p><u>Choice</u> Burrito w/Chili Chicken Tenders</p> <p><u>Choice</u> Whole Kernel Corn California Blend Vegetables Assorted Fresh Fruit Chilled Pineapple</p> <p><u>Treat</u> *Belly Bears </p>	<p align="center"><u>November 18, 2009</u></p> <p><u>Choice</u> BBQ Pork Sandwich Turkey Sausage Pizza</p> <p><u>Choice</u> Baked Beans Steamed Broccoli Assorted Fresh Fruit Fresh Garden Salad</p>	<p align="center"><u>November 19, 2009</u></p> <p><u>Choice</u>  Turkey & Dressing w/Gravy Baked Ham</p> <p><u>Choice</u> English Peas & Carrots Sweet Potato Casserole Fresh Garden Salad Assorted Fresh Fruit</p> <p><u>Other/Treat</u> Wheat Roll *Holiday Cake</p>	<p align="center"><u>November 20, 2009</u></p> <p><u>Choice</u> Italian Rotini Fish Sticks</p> <p><u>Choice</u> Potato Au Gratin Southern Style Green Beans Assorted Fresh Fruit Fresh Garden Salad</p> <p><u>Other</u> Garlic Bread</p>

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