






**DIVISION OF NUTRITION SERVICES – MEMPHIS CITY SCHOOLS
NOVEMBER SECONDARY MENU 2009 ~ REVISED**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>October 26, 2009</u>	<u>October 27, 2009</u>	<u>October 28, 2009</u>	<u>October 29, 2009</u>	<u>October 30, 2009</u>
<p><u>Choice</u> Chicken Alfredo Corn Dog Nuggets Tuna Salad Cheese Pizza </p> <p><u>Choice</u> Steamed Broccoli Steamed Baby Carrots Assorted Fresh Fruit Chilled Peaches</p> <p><u>Other</u> Crackers/French Bread</p>	<p><u>Choice</u> Burrito w/Chili Chicken Tenders Chef Salad Hot Pocket</p> <p><u>Choice</u> Seasoned Baked Potato California Blend Vegetables Assorted Fresh Fruit Chilled Pineapple</p> <p><u>Other/Treat</u> Crackers *Belly Bears</p>	<p><u>Choice</u> BBQ Pork Sandwich Popcorn Chicken Bowl Popcorn Chicken Salad Pepperoni Pizza </p> <p><u>Choice</u> Baked Beans Baked Apples Fresh Garden Salad Assorted Fresh Fruit</p> <p><u>Other</u> Crackers</p>	<p><u>Choice</u> Steak & Cheese Sandwich Spicy Chicken Sandwich Chicken Salad Hot Pocket</p> <p><u>Choice</u> Crinkle Fries Corn on the Cob Fresh Garden Salad Fruit Cocktail</p> <p><u>Other/Treat</u> Crackers *Cherry Juice Bar</p>	<p><u>Choice</u> Italian Rotini Fish Sticks Chef Salad Big Daddy's Pizza </p> <p><u>Choice</u> Potato Au Gratin Southern Style Green Beans Fruity Jello Fresh Garden Salad</p> <p><u>Other</u> Crackers Garlic Bread</p>
<u>November 2, 2009</u>	<u>November 3, 2009</u>	<u>November 4, 2009</u>	<u>November 5, 2009</u>	<u>November 6, 2009</u>
<p><u>Choice</u> Sloppy Joe Chicken Nuggets Chicken Salad Cheese Pizza</p> <p><u>Choice</u> Crinkle Fries Steamed Baby Carrots Chilled Pears Assorted Fresh Fruit</p> <p><u>Other</u> Crackers/Wheat Roll</p>	<p><u>Choice</u> Oven Roasted Chicken Crunchy Tacos Taco Salad Plate Hot Pocket </p> <p><u>Choice</u> Corn on the Cob Southern Style Green Beans Assorted Fresh Fruit Applesauce Cup</p> <p><u>Other/Treat</u> Cornbread *Bear Grahams</p>	<p><u>Choice</u> Chicken Pot Pie Mini Burgers Chef Salad Pepperoni Pizza</p> <p><u>Choice</u> Crinkle Fries Country Mixed Vegetables Assorted Fresh Fruit Fresh Garden Salad</p> <p><u>Other</u> Crackers/Wheat Roll</p>	<p><u>Choice</u> Popcorn Chicken Hot Dog Popcorn Chicken Salad Hot Pocket </p> <p><u>Choice</u> Baked Beans California Blend Vegetables Assorted Fresh Fruit Coleslaw</p> <p><u>Other/Treat</u> Crackers *Animal Crackers</p>	<p><u>Choice</u> Italian Spaghetti Spicy Chicken Sandwich Chef Salad Big Daddy's Pizza</p> <p><u>Choice</u> Whole Kernel Corn Steamed Broccoli Mandarin Oranges Fresh Garden Salad</p> <p><u>Other</u> Crackers/Garlic Bread</p>

 Represents Vegetarian Item
 - Represents Pork Item

MILK** – STUDENTS HAVE A CHOICE OF A VARIETY OF MILK. ***MENUS ARE SUBJECT TO CHANGE.

***TREAT FOR THOSE STUDENTS RECEIVING A PLATE LUNCH CELEBRATING A BIRTHDAY IN THE MONTH OF NOVEMBER. ***

“In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, sex, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.”

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 9, 2009	November 10, 2009	November 11, 2009	November 12, 2009	November 13, 2009
<p>Choice Pork Chopette w/Gravy Chicken Snack Wrap Tuna Salad Meatball Sub Sandwich</p> <p>Choice Whipped Potatoes Southern Style Green Beans Assorted Fresh Fruit Chilled Peaches</p> <p>Other/Treat Crackers *Tropical Fruit Freeze</p> 	<p>Choice Chili Mac Chicken Rings Chef Salad Hot Pocket</p> <p>Choice Whole Kernel Corn California Blend Vegetables Assorted Fresh Fruit Tropical Fruit Punch</p> <p>Other/Treat Crackers/French Bread</p>	<p>Choice Meatloaf Clux Deluxe Chicken Sandwich Chicken Tender Salad Pepperoni Pizza</p> <p>Choice English Peas & Carrots Fresh Garden Salad Assorted Fresh Fruit</p> <p>Other Crackers/Macaroni & Cheese Cornbread</p> 	<p>Choice Sweet & Sour Chicken w/Rice Hamburger or Cheeseburger Popcorn Chicken Salad Hot Pocket</p> <p>Choice Crinkle Fries Stir Fried Vegetables Crispy Veggies w/Dip Chilled Applesauce</p> <p>Other/Treat Crackers *MCS Famous Butter Cookie</p>	<p>Choice Cheesy Nachos Corn Dog Nuggets Chef Salad Big Daddy's Pizza</p> <p>Choice Corn on the Cob Refried Beans Mandarin Oranges Fresh Garden Salad</p> <p>Other Crackers</p> 
November 16, 2009	November 17, 2009	November 18, 2009	November 19, 2009	November 20, 2009
<p>Choice Chicken Alfredo Deluxe Cheeseburger Chicken Salad Cheese Pizza</p> <p>Choice Seasoned Baked Potato Steamed Baby Carrots Assorted Fresh Fruit Chilled Peaches</p> <p>Other Crackers/French Bread</p>	<p>Choice Burrito w/Chili Chicken Tenders Chef Salad Hot Pocket</p> <p>Choice Whole Kernel Corn California Blend Vegetables Assorted Fresh Fruit Chilled Pineapple</p> <p>Other/Treat Crackers *Belly Bears</p> 	<p>Choice BBQ Pork Sandwich Popcorn Chicken Bowl Popcorn Chicken Salad Pepperoni Pizza</p> <p>Choice Baked Beans Steamed Broccoli Fresh Garden Salad Assorted Fresh Fruit</p> <p>Other Crackers</p>	<p>Choice Turkey & Dressing w/Gravy Baked Ham Chef Salad</p> <p>Choice English Peas & Carrots Sweet Potato Casserole Fresh Garden Salad Assorted Fresh Fruit</p> <p>Other/Treat Crackers/Wheat Roll *Holiday Cake</p> 	<p>Choice Italian Rotini Fish Sticks Chef Salad Big Daddy's Pizza</p> <p>Choice Potato Au Gratin Southern Style Green Beans Assorted Fresh Fruit Fresh Garden Salad</p> <p>Other Crackers/Garlic Bread</p>

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